



# ABANO RITZ

THERMAE & WELLNESS HOTEL

ENGLISH



# THE HOTEL

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A hotel with more charm than luxury, more real elegance than formality, more discerning choices than consumption. A real heaven, and not just another stop on your journey. The perfect blend of progress and tradition. The trademark of 5-star hospitality is not opulence but rather serenity, comfort, and exclusivity where precious moments can be dedicated to oneself and the rediscovery of leisure.

We believe the experiences and emotions of a vacation at the AbanoRitz to be the sign of truly luxurious hospitality.

The AbanoRitz is rich in ambience and atmosphere created by the generations of the Poletto Family who have been extending their hospitality daily with all the presence of mind and attention that comes from such enthusiasm and expertise.

## AbanoRITZ is:

5 floors, 3 lifts, 49 double rooms, all with a veranda sitting room, some with terrace and no carpet.

2 equipped rooms for the handicapped and 2 design suites.

24 rooms, with French beds.

25 special rooms, large beds, large spaces, great creativity both classic and trendy.

Reading room, game room and pool table, smoking room & fireplace room.

Music room: classical music concert, usually on Monday.

Video room with large-screen and "Sky" cable TV.

Midnight Vintage Club Usually on Saturdays: music on vinyl.

Piano bar, special events and theme evenings during the week.

Multilingual tourist information desk, booking service for excursions, cultural events, exhibitions and concerts.

Upon request you can book a personal shopper, dog sitter, certified guides and baby sitter.

The AbanoRitz hotel is equipped for larger (Blue room) and smaller business and private meetings (Mirrors' room).

Internet point, fax and office corner. Free WI-FI connection.

Free parking - destination charging TESLA.

Car rental and transfer services.

Garage parking (8.00 Euros/day).



# Tradition

Welcoming a guest who is expected and wanted, this is our way of doing business. And it's not just a trade, a technique, a gift or an attitude, it is our very history.

Because just by knowing the history and the narrative of your own area or company, you can understand, grow, improve.

Just by respecting and preserving your own tradition, you can put professionalism and heart into your own work and passion into your co-workers' efforts. We are a family and a staff of 67 people.



# Innovation

Fifth floor: design and creativity!  
Rooms designed for the international tourist who chooses luxury without ostentation and Italian elegance in the artefacts and who wants a holiday that is an experience, starting with the bedroom which is beyond the ordinary and with no sign of excessive and awkward experimentation.  
A tourist who is sensitive and cultured, not necessarily young and trendy, but who loves beauty because it is always in fashion.





# THE KITCHEN

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A residence, resort and above all... a vacation hotel, AbanoRITZ believes in the culture of wellness combined with a healthy diet that is also a pleasure of the senses, an expression of a curious and varied cuisine that blends innovation and tradition.

## Breakfast

Let yourself be spoiled and pampered the moment you wake up. Breakfast is served every morning in the breakfast room on the ground floor from 7:15 am to 10:30 am.

Our delicious buffet is served with an eye towards seasonal and whole-wheat food, while meeting our guests' tastes, habits and needs. Sweet or savoury, we like to think that breakfast is a very important meal.

But why go to breakfast when you can have it served in your room, indulging in that healthy morning indolence that is true relaxation? It's the most important moment in which energy is stored to tackle a stimulating day and this Italian style breakfast is offered at no extra cost.

## “White Gloves” Restaurant

The awakening of the senses includes having taste for a delicious cuisine. A precious collection of eighteenth century dishes is a pleasure to see in the dining room. It's an invitation, a sort of clue, the story of a vocation for good food because we always prefer quality over quantity.

A staff will serve you with a guéridon and white gloves, aware of the importance of the convivial moment. The menu, which varies daily, offers light, vegetarian and gluten free dishes. Above all, our cuisine believes in Italian tradition and in revisiting international dishes. An elegant, lively, warm and welcoming atmosphere.



## Vintage Restaurant

### *il brutto anatroccolo*

A fairytale of a restaurant.

The AbanoRITZ small vintage restaurant "à la carte"; a creative setting, a menu offering dishes that respect palates and pamper the taste buds.

"Il Brutto Anatroccolo" is open on Fridays, Saturdays, Sundays and Mondays from 7:30 pm to 9:30 pm. Reservations at the Reception are recommended: we only have 11 tables!

Il Brutto Anatroccolo is a place to feel stimulated by both sensations and memories: from the belly to the heart. Authentic flavours, delicious notes and interesting phrases, food that tells a story.

## Easy: the Barbecue

During the warm seasons you can choose to lunch in the park behind the swimming pools. Here, under our trees, you'll find Easy, the barbecue, open every day, reservation required (supplement for external service).

Why Choose Easy for lunch?

Informal solution: fewer formalities, but a lot taste.

You can also lunch in your bathrobe under our shaded our trees in the park and then relax by the swimming pools.





# THE THERMAE

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Thermal water: it reaches the Euganean Hills after a long journey that begins in uncontaminated Pre-Alpine foothills and continues underground for thousands of years after reaching a temperature of 87° C and picking up various minerals along the way that make it unique in all the world. In AbanoTerme, this water is primarily used for the maturation, conservation and regeneration of thermal mud.

Thermal mud: rich in minerals itself, the clay used in our mud is gathered from the bottoms of lakes of volcanic origin at the foot of the Euganean Hills, filtered from impurities, and matured in thermal water until it generates the unique microflora that gives it its extraordinary healing power. Euganean Hills thermal mud detoxifies, lessens inflammation, and decongests at deep levels, stimulates circulation and oxygenation in blood and tissues, and helps increase energy and vitality.

# Research

Scientific research has confirmed once again the validity and unique nature of Euganean Hills Thermal Water mud and enabled the granting of a European Patent: this is the prime area for PREVENTIVE HEALTHCARE in Europe.

The Hotel's thermal spa and healthcare structures and services have been classified at Superior 1st level by the Italian Health Ministry. The Hotel has been accredited by the NHS for thermal mud therapy, inhalation therapies, and rhinogenous deafness.

The thermal spas built in the 21 century are now in their 4th generation of family management and propose complete thermal wellness as the primary means of protecting health with the new approaches and bio-medical protocols available at the AbanoRITZ.



European patent number 1571203 guarantees the presence of numerous active ingredients in thermal mud, produced naturally during a controlled process of maturation. Scientific research carried out by the patent holder and research centre, Centro Studi Termali Pietro d'Abano, has allowed for its identification and has proven its efficacy in the treatment of chronic and degenerative inflammatory disorders, particularly of osteoarticular origin.



# SPAce

## Salus Per Aquam

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A centre in harmony with nature, i.e. "health through water", the SPA at the AbanoRITZ where we celebrate relaxation and health in all its forms, and where wellness is an attitude.

The AbanoRITZ invites you to get in touch with your desires: treat yourself to a holiday dedicated to wellness with personal programs offering the perfect synergy between thermal spa therapy and aesthetic treatments, "remise en forme" and physical exercise, wellness and serenity in an efficient and well-equipped facility like the AbanoRITZ SPAce.

A temple to regeneration and dedicating time to yourself. Learn how to love yourself by listening to your body and discovering your own internal rhythms in a relaxing atmosphere with the marvelous sensation of feeling coddled.

## Water

Fall in love with the thermal water of our pools in our splendid private garden-park, dive into the blue and look out at the green! The atmosphere created by a swim in a sunken thermal water pool in the AbanoRITZ park is a unique experience to be lived with eyes wide open and both lungs filled with fresh air.

Two semi-Olympic pools, indoors and outdoors, thermal (about 33°C) and connecting to the aquaFitness zone and hydroRelax area, where you can experience the benefits of hydromassage with multiple varied nozzles on beds and benches as well as cascading fountains for cervical massage. The richness of our pools is down to the water from geothermal sources that feeds them, coming from underground, pleasant, exquisite, beneficial. Bathing becomes a true experience of wellness.

## Wellness

The water leaves our well at a temperature of some 87°C. Acqua-Madre (Brine). Symbolic and legendary, rich and therapeutic, the water will be used for the maturation of the mud, for inhalation therapy, in the thermal baths and pools. The richness of our SPA comes from the salt-bromine-iodine character of the water in the underground geothermal source. Thanks to this, we use geothermal sources for heating so there are no CO<sub>2</sub> emissions, respecting the environment.



## RitzVITAL

Two thermal pools, semi-Olympic size indoor and outdoor with hydro-massage and aquaFit corner (8 am - 11 pm).

Relax Area and pool bar, 6,000 sq m of green-garden with jogging track.

Fit & Fun appointments.

Easy Bike and Nordic Walking during the warm seasons.

Sauna, Turkish bath and emotional shower for couples.

Equipped "Technogym".

Body solarium.

12 mud baths – balneotherapy rooms.

2 ritual sensory thermal rooms "Thermal Colours".

1 "Twin" room for couples: bio-thermal clay pack.

Analgesic and hydrothermal medical clinic.

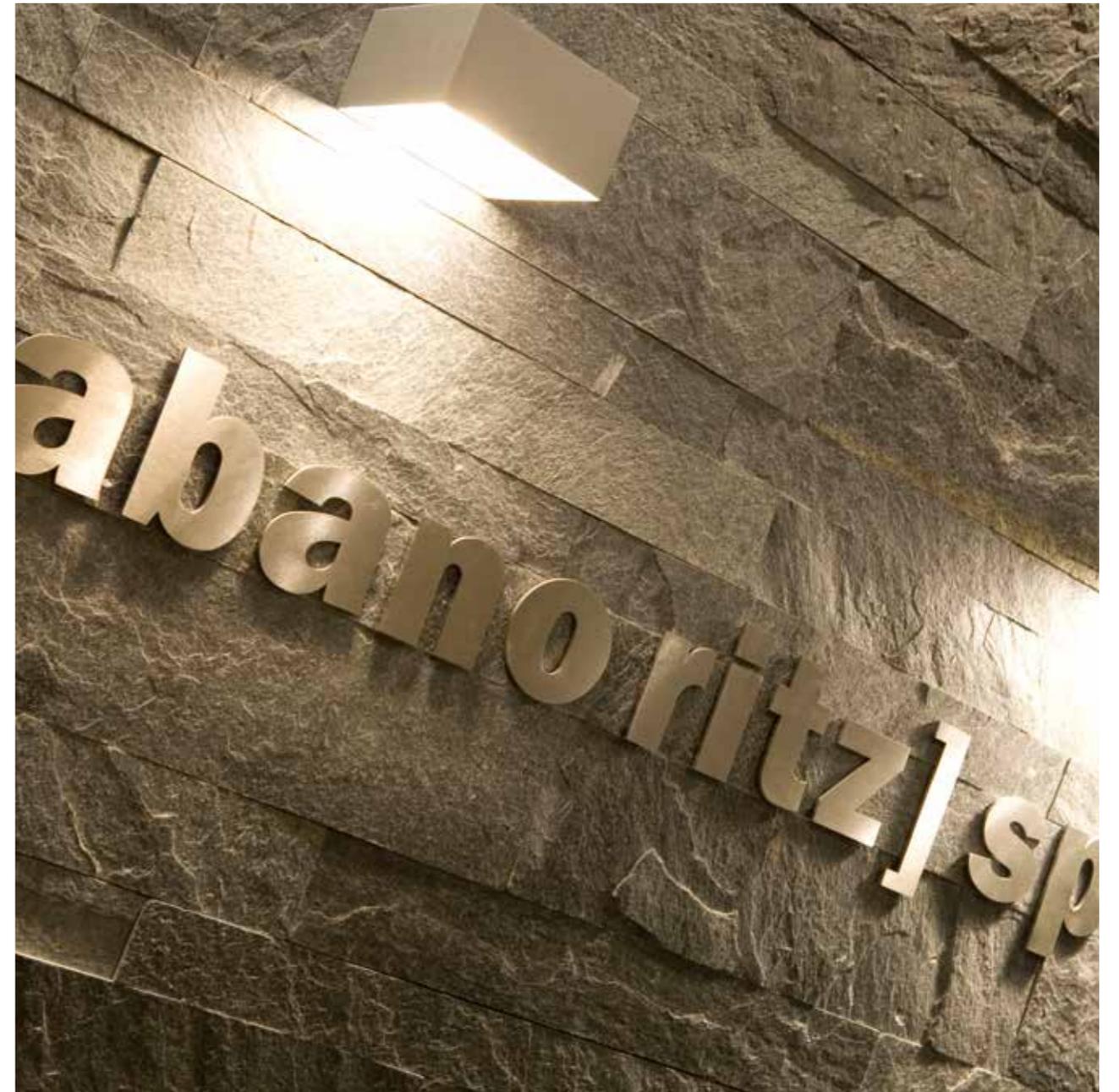
Department dedicated to inhalation therapies.

Otorhinolaryngology and Voice Center clinic.

12 rooms for massages, physiotherapy and aesthetic face-body treatments.

Tub for massage in ozonated thermal water.

Naturopathy Clinic.





# SPA DAY

On vacation for a day!

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It's never too early or too late for a day of vacation. When the days are getting too long and heavy or when the mind is more fatigued than the body - that's the time to switch off. If you need a little relaxation, and especially if you believe in health and wellbeing as the best ways to feel at ease with yourself and others, give yourself a break and spend a day at the AbanoRITZ.  
[www.abanoritzspaday.it](http://www.abanoritzspaday.it)

# WELLNESS GIFT

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Celebrate, amaze, and give emotions.  
Precious Wellness gifts for every expectation, every need and dreams.  
[www.regalobenessere.it](http://www.regalobenessere.it)



# VENETO and THE EUGANEAN HILLS

The Region stands out for its dense historic and artistic heritage and the variety of what is on offer. Tried and trusted tours and new destinations for art, both near and far from Venezia, make Abano and Hotel AbanoRITZ an ideal base for tourism sensitive to the environmental and urban quality of the Veneto cities of art: Padova and the Riviera del Brenta, Vicenza, Treviso, Rovigo and the Po Delta, Verona and Venezia.

The Euganean Hills Regional Park includes the most important hills of the Padania Plain. Secular oaks and chestnut woods alternate with Mediterranean scrub and large areas covered with vineyards and orchards. Away from tourist routes, Abano Terme, at the foot of the Euganean Hills, offers unique itineraries, walled towns and hamlets like small precious gems embedded in the territory: Arquà Petrarca, Praglia, Valsanzibio, Monselice, Montagnana and Este. Come and discover beautiful landscapes, extraordinary works of art and an area rich in charm and history, a remarkable fusion between culture and nature, between folklore and gastronomy.



**In the heart of the Veneto Region, ABANO TERME is within:**

**11 km** from Padova

**37 km** from Vicenza

**40 km** from Venezia

**95 km** from Verona

distance from **Milano: 240 km**

distance from **Roma: 485 km**

distance from **Napoli: 704 km**

**UPON REQUEST:**

Taxi Service and Bus (line A - AT - T) to the Hotel and vice versa from Padova Station (11 km) and from the Euganean Thermal Station (4 km).

Transfer service booking with air-conditioned minibus from Venezia (Marco Polo) Airport to the Hotel and vice versa.  
Alternatively "Limousine" service.



Thanks to all of you!



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Thermæ & Wellness Hotel

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